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# Fall 2021 Tennis- Adults

Adults  
Fundamentals,  
Doubles Strategy,  
Cardio Tennis  
...more

## Adults Days

### TUESDAY MORNING

at Newton Centre Clay Courts

September 14, 21, 28 • October 5, 12, 19 (rain date Oct.26)

**Time Level Cost per 6 class session**

**Doubles Drill and Strategy**

9:00-10:30 am Advanced Beginner-Intermediate \$294

**Clinic**

10:30-12:00 noon Beginner-Low Intermediate \$294

### WEDNESDAY MORNING

at Newton Centre Clay Courts

September 15, 22, 29 • October 6, 13, 20 (rain date Oct. 27)

**Cardio**

9:00-10:30 am Advanced Intermediate \$294

**Doubles Drill and Strategy**

10:30-12:00 noon Intermediate-Advanced Int. \$294

### THURSDAY MORNING

at Newton South High School

September 23, 30 • October 7, 14, 21 (rain date Oct. 28)

**Time Level Cost per 5 class session**

**Drill and Play**

9:00-10:30 am Intermediate \$245

10:30-12:00 noon Advanced Int.-Advanced \$245

Please include the rain dates when planning your schedule.

### ADULT PLAYER LEVELS

*Which level fits you best?*

**Beginner** New player. Less than a years' experience.

**Advanced Beginner** Starting to hit forehand, backhand, and serve. Starting to rally back and forth and play points.

**Intermediate** Becoming more confident. Starting to develop power on at least one side (FH or BH). Can execute basic strategies of singles and doubles.

**Adv. Intermediate** Able to solidly execute basic strategies. Consistent and hits with some power.

**Advanced Player** Has power, control, variety, and competitive experience.

### ADULT CLASS DESCRIPTIONS

**CLINICS.** Fun group lessons with lots of hitting. Play at the end of each clinic.

**DOUBLES DRILL STRATEGY.** Warm up for doubles, with hitting and strategy drills. Then play doubles matches with expert tips from the pro.

**CARDIO.** High octane, cardio workout. Fast and fun. Hitting balls and conditioning take precedence over fundamentals in this highly popular class.

**DRILL AND PLAY.** Lots of drill work on the fundamentals then putting those skills into game play.

**Classes Sell Out Early - Sign Up Now!**



# Fall 2021

## Tennis-Adults

### **Adult** Evenings and Sunday Mornings

#### **MONDAY EVENING**

*at Newton North High School*

September 13, 20, 27 • October 4, 18, 25

**Time    Level    Cost per 6 class session**

##### ***Clinic***

6:25-7:55 pm Intermediate \$294

##### ***Cardio***

7:55-9:25 pm Intermediate-Advanced Intermediate \$294

#### **TUESDAY EVENING**

*at Newton South High School*

September 14, 21, 28 • October 5, 12, 19 (rain date Oct. 26)

**Time    Level    Cost per 6 class session**

##### ***Clinics***

6:30-8:00 pm Intermediate \$294

8:00-9:30 pm Beginner-Low Intermediate \$294

#### **THURSDAY EVENING**

*at Newton North High School*

September 23, 30 • October 7, 14, 21 (rain date Oct. 28)

**Time    Level    Cost per 5 class session**

##### ***Clinic***

6:25-7:55 pm Beginner-Low Intermediate \$245

##### ***Cardio***

7:55-9:25 pm Intermediate-Advanced \$245

#### **SUNDAY MORNING**

*at Newton South High School*

Sept. 19, 26 • Oct. 3, 10, 17, 24 (rain date Oct. 31)

**Time    Level    Cost per 6 class session**

##### ***Clinics***

8:00-9:30 am Beginner-Low Intermediate \$294

9:30 am-11:00 am Intermediate \$294

**Please include the rain dates when planning your schedule.**

***Classes Sell Out Early – Sign Up Now!***

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