

Register at www.newtontennis.com



Summer 2021 Tennis- Adults

Adults
Fundamentals,
Doubles Strategy,
Cardio Tennis
...more

Adults Days

MONDAY MORNING

at Newton South High School

Session 1: June 28 July 12, 19, 26

Session 2: August 2, 9, 16, 23 Rain Date: August 30

Time Level Cost per 4 class session

Cardio Tennis

9:00-10:30 am Advanced Intermediate \$196

Doubles Drill and Strategy

10:30-12:00 noon Intermediate \$196

TUESDAY MORNING

at Newton North High School

Session 1: June 29 July 6, 13, 20 Rain Date: July 27

Session 2: August 3, 10, 17, 24 Rain Date: August 31

Time Level Cost per 4 class session

Clinics

9:00-10:30 am Beginner- Low Intermediate \$196

10:30-12:00 noon Intermediate \$196

WEDNESDAY MORNING

at Newton South High School

Session 1: June 30 July 7, 14, 21 Rain Date: July 28

Session 2: August 4, 11, 18, 25 Rain Date: Sept. 1

Time Level Cost per 4 class session

Drill and Play

9:00-10:30 am Intermediate \$196

Cardio

10:30-12:00 noon Advanced Int.-Advanced \$196

FRIDAY MORNING

at Newton South High School

Session 1: July 2, 9, 16, 23 Rain Date: July 30

Session 2: August 6, 13, 20, 27 Rain Date: Sept. 3

Time Level Cost per 4 class session

Doubles Drill and Strategy

9:00-10:30 am Advanced Beginner-Intermediate \$196

10:30-12:00 noon Advanced Int.-Advanced \$196

***Classes Sell Out Early – Sign
Up Now!***

Summer 2021 Tennis

Adult Evenings and Sundays

MONDAY EVENING

at Newton North High School

Session 1: June 28 July 12, 19, 26

Session 2: August 2, 9, 16, 23 Rain Date: August 30

Time Level Cost per 4 class session

Clinic

6:25-7:55 pm Intermediate \$196

Cardio

7:55-9:25 pm Intermediate-Advanced Intermediate \$196

TUESDAY EVENING

at Newton South High School

Session 1: June 29 July 6, 13, 20 Rain Date: July 27

Session 2: August 3, 10, 17, 24 Rain Date: August 31

Time Level Cost per 4 class session

Clinics

6:30-8:00 pm Intermediate \$196

8:00-9:30 pm Beginner-Low Intermediate \$196

THURSDAY EVENING

at Newton North High School

Session 1: July 1, 8, 15, 22 Rain Date: July 29

Session 2: August 5, 12, 19, 26 Rain Date: Sept. 2

Time Level Cost per 4 class session

Clinic

6:25-7:55 pm Beginner-Low Intermediate \$196

Cardio

7:55-9:25 pm Intermediate-Advanced \$196

SUNDAY MORNING

at Newton South High School

Session 1: July 11, 18, 25 August 1 Rain Date: August 8

Session 2: August 15, 22, 29 Sept 5 Rain Date: Sept. 12

Time Level Cost per 4 class session

Clinics

8:00-9:30 am Beginner-Low Intermediate \$196

9:30 am-11:00 am Intermediate \$196

ADULT PLAYER LEVELS *Which level fits you best?*

Beginner New player. Less than a years' experience.

Advanced Beginner Starting to hit forehand, backhand, and serve. Starting to rally back and forth and play points.

Intermediate Becoming more confident. Starting to develop power on at least one side (FH or BH). Can execute basic strategies of singles and doubles.

Adv. Intermediate Able to solidly execute basic strategies. Consistent and hits with some power.

Advanced Player Has power, control, variety, and competitive experience.

ADULT CLASS DESCRIPTIONS

CLINICS. Fun group lessons with lots of hitting. Play at the end of each clinic.

DOUBLES DRILL STRATEGY. Warm up for doubles, with hitting and strategy drills. Then play doubles matches with expert tips from the pro.

CARDIO. High octane, cardio workout. Fast and fun. Hitting balls and conditioning take precedence over fundamentals in this highly popular class.

DRILL AND PLAY. Lots of drill work on the fundamentals then putting those skills into game play.

Classes Sell Out Early – Sign Up Now!